

**QC**

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# A LAWYER FOR THE PEOPLE

WHAT INSPIRES NICOLE SARAUER  
TO FIGHT FOR THE UNDERDOG?  
**P. 4**



**FREE**

# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

#LYNDON PENNER

## The Prairie Short Season Yard

I think writing a book was inevitable.

I was a highly inquisitive child and I chose my mother and grand mother's path with my incessant questions about everything. My grandmothers, in her wisdom, taught me how to use an encyclopedia. This way I could find the answers to my questions by myself. Little did she realize that would not only feed my burning desire to know as much as I could about the world around me, but also help foster a mad love for books and the written word.

Lanark was the first place outside of the garden that I felt safe. They were the barriers in which I sought sanctuary.

As a child, I developed a passion

for two things — gardening and books. I read everything I could get my hands on, and I became acquainted with great garden writers through the ages. I absorbed it like water and thrived on their adventures.

Over the pages of books, I traveled with French, Scottish, Welsh, through the leaf of the blue poppy. Gertrude Jekyll taught me about colour.

I found writers like Anna Pavord who made the fallow owner cheer for me like no one ever had. I was actually outgassed by the rather rude and misanthropic of Christopher Lloyd.

If I'm not reading, I'm in the garden. If I'm not in the garden, I'm

writing about gardening, either for my blog for a class I'm teaching, or for a client. It seems like it was always my garden's related interest to write a gardening book.

I have gardened on three continents. I have observed, experimented, tried, succeeded and failed with gardens in both temperate and sub-tropical climates. I have crossed over mountains to Vancouver and below under the spell of Mexican landscapes. Still, I always come home to the Prairies. I am a Prairie boy through and through. I don't want to live anywhere else. I don't want to garden anywhere else. We have a short season. We have only a short time to experience the wonder of a north



Lyndon Penner

ern classic summer. I am proud to be a gardener and especially proud to be a garden writer. That's why I wrote *The Short Season Yard*—if I can illuminate the path for just one Prairie person to find their way to a love of gardening, then I've done what I'm supposed to do.





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Philly-born singer Nicole Sanson (people's favourite) celebrates her time cohabiting those who fall in the pits of the vinyl spectrum in Virginia. **QC PHOTO BY BRYAN SCHLOSSER**

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The Saskatchewan-based quintet the With the Old performing at the Northern Lights Showcase Festival after forming the group at last year's festival. **PHOTO BY BRYAN SCHLOSSER**

## QC COVER PHOTO BY BRYAN SCHLOSSER

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## ON THE COVER

In an ideal world, everybody would get  
a lawyer. — Nicole Sarauer

#NICOLE SARAUER

# Pro bono law working for the common good

By Rachel Pautka

Nicole Sarauer is far from the stereotypical image of a lawyer: A middle-aged man clad in a suit and tie with a briefcase in hand, she is not.

At 48 years old, Sarauer is reflecting that image, or so she hopes. As a staff lawyer and programs director at Pro Bona Law Saskatchewan (PBLS), she works to connect people throughout the province to lawyers who can help them pro bono — literally, for the public good — to navigate the justice system.

♦ ♦ ♦ ♦

A Regina native, Sarauer got her first taste of law as a teenager at Michael A. Riddell Catholic High School.

"I had a lot of teachers who pushed me to excel in quite a few areas, but I had quite a strong English teacher who really saw something in me, I think," Sarauer said.

A guidance counsellor arranged for her to shadow a lawyer for a day and advised her on how to write the LAKS, the standardized law admissions test for universities.

After her high school graduation in 2004, Sarauer spent two years working on her undergraduate degree in political sciences at the University of Regina.

"I have I really liked to work with people and I really like to read and write and think. And I'm not really good at sciences, so I can't be a doctor," she said with a laugh. "I figured I would try to get into law school and just really keep and I got in the first time I applied."

Then 26, she was the youngest student in her University of Saskatchewan law class.

It was during her studies at the U of R that Sarauer was exposed to the world of pro bono law through a student-run legal clinic called CLAS 53C (Community Legal Assistance Services for Saskatchewan Inner City), where the would-be lawfiends with clients who couldn't afford private prac-



Nicole Sarauer at the Court of Queen's Bench in Regina, began working as a pro bono lawyer three years ago. QC PHOTO BY DON HEAVY

tice lawyers.

"That was my first experience dealing with the realities of the justice system in terms of how it affects the majority of the population," she said. "I was actually getting some hands-on opportunities to help people in real time."

♦ ♦ ♦ ♦

After she graduated law school in 2008, Sarauer spent her first two

years as a lawyer in private practice working first as family and civil law, then moving to business law. It was a big jump to working in the pro bono field.

"There were some colleagues who didn't really understand what I was doing."

"There's less glory in pro bono law, plus there's the natural pay cut, she noted. But the younger generation of lawyers understood a bit more why she was making the choice she did.

"There is a bit of a cultural shift when my generation is more focused on family work-life balance and not wanting to work 60 hours a week and work themselves to death for the next 30 years," Sarauer said.

When that opportunity came up, I knew it was something that I was really passionate about and the bonus is it's a better work-life balance than private practice was. It's kind of a win-win for me."

The opportunity arose when PBLS

gained enough extra funding to expand from just one staff member. If had started in 2009, he took on another staff lawyer, explained executive director Karen Dawn Jordan.

Sarauer had previously volunteered for the organization and provided full representation for a client, who had in turn contacted Jordan. "and was just so blessed," she said.

"I couldn't put my finger on it, but I thought, you know, this girl is going to help us grow this thing," Jordan said.

The need far outweighs the supply of volunteers that we have, and that will always be the case. The biggest challenge is just trying to constantly grow to meet that need. —Sauer

♦ ♦ ♦ ♦

Pro bono law fills a gap in the system — providing assistance where Legal Aid cannot, for clients who are qualified financially.

Legal Aid can provide a lawyer to represent clients through the court process, whereas PBLA offers cost-free legal aid only works with certain criminal and family law matters, Sauer explained, and clients usually have to be on social assistance to qualify.

"In an ideal world everybody would get a lawyer," she said.

Instead, free legal clinics are at best, where clients get advice in how they can go forward with their court case. They do their best to match up clients with lawyers around the province who donate time to do pro bono work, but finding a lawyer for every client isn't possible.

"That's leading to more and more individuals representing themselves in court, especially in family law (divorce) and civil law (Sauer said).

"The need far outweighs the supply of volunteers that we have, and that will always be the case," she said. "In fact, in Saskatchewan right now the need far post lawyers far outweighs the supply."

The organization is constantly trying to meet the needs of those seeking help, Jordan added.

"The biggest challenge is just trying to consistently grow to meet that need," she said.

When a lawyer is turning away paying clients because there's just no room, it can be hard to see this that lawyer is working free.

"This place wasn't a booming place for lawyers to do work for a long time, and no one was prepared for the growth," Sauer said.

Even as the rise in governmental lawsuits going before the courts wouldn't necessarily be helped by having more lawyers or lower fees, Sauer said.

"I think it's a systematic issue in which's true with any court system is that it's not really helping people," she said. "It's never been granted to want making it accessible to people who aren't represented."

♦ ♦ ♦ ♦



Nicole Sauer said it can be difficult to find other lawyers to do pro bono work. (COURTESY OF BEWA SOCIETY)

"It's been three years since Sauer stepped into her role at PBLA, but it wasn't long into the job that she started to experience cases where clients truly needed the help provided by pro bono lawyers.

Her personal forensic cases are often the ones where individuals are taking on the government in a David and Goliath situation, but where there's also an important legal issue that needs to be addressed.

"Take the case of Carley Williams, a Regina man living with debilitating back pain after workplace accidents and the corrective surgeries that followed. He needed pro bono help to try to convince the Saskatchewan Workers' Compensation Board to

pay for his medical marijuana prescription — the only thing that relieved his pain.

Sauer took on the case and guided Williams through the complex process of hearings, rulings, and appeals.

"It was close to me from the very first time I was in the office that she believed in my case and the know what was happening to me and to others," Williams said.

"They eventually lost. That doesn't mean the fight is over, for both Williams and Sauer. A change in legislation could be the push needed to change Williams' outcome.

"It's on the books that you at least tried. Maybe somewhere down the

road that will matter to somebody," Williams said.

More importantly, having Sauer provide representation was a real surprise that the case did matter.

"Somebody at least took a fight and said, 'hey, what's happening to you in wrong,'" Williams said. "I will fight for me," Williams said. "I will fight for the man and his," he said. "But if it's really important at least to put it in front of a judge and have those issues addressed."

Being able to effect change is something that Sauer values highly in her career, even though many cases are far from easy.

"Some days you really feel like you're hanging your head against

the wall in a system that isn't as ready conducive to assisting certain people. You just feel kind of very very frustrated," she said. But there's other days where you help somebody and it's super rewarding and it gives you the motivation to keep going."

Her hope was that motivation growing in Sauer with every case.

"You can imagine that legal advice would help people tremendously, but it's a different thing when you're actually seeing it," Jordan said. "She sees the help that we do give them having a huge impact."

♦ ♦ ♦ ♦

In her spare time — which admittedly isn't much, Sauer said with a laugh — she sits as a trustee in the Regina Catholic School Division.

When she asked for her name for the 2010 election, she hoped to bring diversity to an older male dominated board.

The election process was nerve-racking — "just having your name on a ballot on that day is scary," she said. As it was in the low school student council election she once lost, she didn't expect to win a seat.

Although education is a far thing from law, Sauer sees a link. "The students don't automatically always have a voice for themselves. I try to be that," she said. "Going through the Catholic school system, it had a lot of great things for me. The teachers at St. John's were fantastic and I think that's what gave back to the system that helped me get to where I am today."

A side benefit of her high school education was a requirement that each student complete 10 hours per year of volunteer work. That led a spark in Sauer — one that she continues on today volunteering with a multitude of organizations in Regina.

Sometimes that's my problem, I get passionate about all of the things," she said with a laugh.

She's been a Big Sister — her six-year-old Little Sister recently moved away — and now Sauer sits on the board of the YWCA. Continued on Page 6

She sees a greater purpose, it would seem, to her involvement within the community, and certainly our community is better for it. — Trent Waterspoon



Nicole Sanson is a volunteer at the Regina Catholic School Division. (COURTESY OF NICOLE SANSON)

She's also a board member for Regina's Anxiety International chapter and was a long time volunteer for the Regina Sexual Assault Centre, often working on the 24-hour sexual assault phone line.

Mona Hill, past president for Regina's Anxiety International chapter, said that having someone with a background in law is a bonus for the volunteer organization as they advocate for human rights.

"Nade, besides her dedication, has the skills to be able to represent people who need that representation, who need someone to be their advocate," Hill said. "She's always ready to work where she needs to be, if she can possibly do it, to offer advice and support for any organization that she volunteers for."

Longtime friend and fellow community volunteer Trent Waterspoon said Sanson's ability to connect with everyone, from vulnerable clients to those she reaches out to in her volunteer work, is what makes her efforts unique.

"She sees a greater purpose it would seem, to her involvement within the community, and certainly our community is better for it," he said.

Serving as the president of an organization called Lawyers Connected for Lawyers is also important, Sanson added.

"Lawyers have a high rate of addictions and depression and mental health problems," Sanson said.

It provides an essential service in connecting lawyers, law students, and their families with confidential counselling services as needed, she added.

Even though she has held a platform from which she can advocate for change, Sanson said that anyone has the ability to make a change for others.

"I don't take any specific skill set other than passion and the ability to reach out to the community," she said. "What causes do you really care about the most? There are so many that you could get involved in."

\*\*\*\*\*

Sanson doesn't know exactly where her law career will take her over the next few decades, but it's a pretty good guess that she will keep giving back to her community.

"I really like speaking on behalf of women and working with communities and doing what I can to help people and reach out to those people who maybe get forgotten in the system, in all systems," she said.

So wherever that takes her in the future is where she's going to go.

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When this opportunity came up, I knew it was something that I was really passionate about and the bonus is it's a better work-life balance than private practice was. It's kind of a win-win for me. — Sasauer

## LEGAL TALK

**PRO BONO** — for the common good

**FREE LEGAL CLINIC** — private practice lawyers in consultation around the province meet in alternate space to volunteer their time to give guidance and advice to individuals on court forms, explain court process and how to represent themselves

**PANEL PROGRAM** — volunteer lawyers provide full pro bono representation for individuals and community organizations, small charities and non-profits of limited means

## BY THE NUMBERS

(All numbers from 2013)

**335** — lawyers in the province who donate time to work with clients through partnerships with Pro Bono Law Societies

**1,000** — volunteer hours booked throughout the province to individuals with all manner of legal issues

**18** — free legal clinics (Regina, Estevan, Yorkton, Weyburn, Moose Jaw, Swift Current, North Battleford, Meadow Lake, La Ronge, Prince Albert, and Saskatoon) — in partnership with CLASIS

**24** — per cent increase of appointments scheduled through free legal clinics since 2012

**50** — per cent increase of referrals through the panel program since 2012

**144** — individuals and organizations that received assistance through a panel program

**3-6** — weeks on a waiting list for pro bono help, depending on location

**\$279-\$390** — normal fees per hour for lawyers

**4** — number of people working at PBL's office



Locally she speaks on behalf of issues and working with communities," and Nicole Sasauer, go photo by HELEN SCHUBERT

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# ON THE SCENE

## # REGINA FOLK FESTIVAL

Thousands gathered in historic Victoria Park in the heart of downtown Regina on the weekend for the 40th Regina Folk Festival.

Boozy weather on Friday night didn't dampen spirits, but did prevent the headline act on the mainstage: The Sam Roberts Band from performing. But Michael Hutter was more cooperative for the rest of the weekend.

This year's event featured a diverse blend of musical styles. In addition to marriage performances by popular headliners Serena Ryder and Las Lobos, the festival featured everything from blues to reggae and world music.

Pro-Seattle activists rounded out the popular three-day event, including performances and art workshops, as well as a children's music and crafts area. There was also an artisan market village and an international food fair.

The festival included six stages — five on-site plus the 10th after Dark-Carnival at The Exchange — showcasing more than 35 acts.

QC PHOTOS BY MICHAEL BELL

1. Sarah Mackenzie

2. Sacha Bala Talibah

3. Colton Crawford of The Dead South

4. Azeem Mahomed

5. Cem Fozdar with daughter Lily

6. Ryan and Jaylen Lubbe

7. Perry Fernald and Kile Pelag

8. Elizabeth Mural

9. Rose Lockwood, Anna Marotta, Kenna Onwilo (lower left to right) and Hilary White (top)

10. Suzanne Stalove (top) sits with Harrison Ploem

11. Anika Farnell and Jen Shady







# MUSIC

#BLUEGRASS TRIO

## New generation, old sound

By Ashley Martin

*Oh goodbye house, forever more  
My bonnie dogs will soon be here*  
When Jason Lakeland introduced Goodbye House to an audience last month, he identified he doesn't know much about chorded melodies that hard. Which is a good thing. He is only 18, after all.

It's a fair bet his bandmates are generous of the subject too. But they were sound good harmonizing about it.

Lakeland, 18, from Prince Keopengs (18) and Kasia Thorskaun (18) make up In With the Old, a bluegrass trio based in Saskatoon.

"That week marks their first anniversary — they decided to form a band at last year's Northern Lights Bluegrass Festival, with a bit of prompting by Thorskaun."

"I had been begging Jason for a couple months prior to camp that we should start a band or jam or do something," said Thorskaun.

"I'd been playing solo for a year and playing by yourself, you can tell there's something missing. Like you need more music, it just didn't feel like enough I guess. I really wanted a band and I knew I needed a bluegrass band and I knew Jason from camp. I knew how good he was at a fiddle, so I struck him up in conversation."

They jammed at camp, and Prince Keopengs stumbled upon them. The rest is history.

"Kasia, she asked me if I wanted to start a band and I was like 'definitely,'" said Prince Keopengs, the band's primary songwriter. "I'm always looking for people to play with."

Theresa Begg The Pledge Highway Band, performing at the 2013 Northern Lights, inspired Thorskaun to start a bluegrass band.

"It was just so awesome when I watched them and just the way the harmonies sounded — They'd all back off and then one guy would walk up and do a solo and then



From Prince Keopengs, Jason Lakeland and Kasia Thorskaun are In With the Old, a bluegrass trio. PHOTO BY CHRIS SAMUEL

they'd keep going and it was never just about one person if you about the whole band," said Thorskaun. "In bluegrass you know who everybody is and everybody is required for what they do."

The music camp that provides the format is where this trio learned its chops.

Lakeland has attended Northern Lights since its foundation in 2008, and decided four years ago he wanted to take up the fiddle.

Off the available courses at the old-time music camp, "I thought being in kind of the consistent one so many people play guitar and fiddle and

stuff and I thought banjo would be kind of unique," said Lakeland.

His counterparts have missed it up at camp.

Thorskaun has learned vocal harmony guitar and banjo over the past four years. Prince-Keopengs has studied vocal harmony fiddle. They both opted for mandolin in this year.

"I've been teaching myself. I got my mandolin for Christmas, took out of the library and did that," said Prince-Keopengs.

While Lakeland "was pretty much raised on that type of music since I was seven or eight or something," his bandmates were not so lucky.

Thorskaun's introduction to bluegrass music came from a poster at the Nipawin Lake campground store advertising Northern Lights.

"I always just thought it was old country," said Thorskaun. "I had known some of the artists and I didn't even know it was bluegrass. I was listening to."

"I had never even listened to bluegrass before then," said Prince-Keopengs, who learned of the camp through her mum's Google search. This will be her third year attend camp.

Being a band has presented some challenges given that Thorskaun

lives a two-hour drive in Kristina and doesn't yet have her driver's license.

When they can get together to practice, it is usually a marathon session prior to a gig.

Lakeland then's Facebook. "They post new songs to their private page and give each other homework in terms of solos and metre exercises."

Their experience with long distance will come in handy as Prince-Keopengs heads to Medicine University this fall to begin music studies.

ashleymartin@leaderpost.com  
facebook.com/inwiththeold

# MUSIC



Sensation—Suzie Q and the Old Tyme Band at the new Northern Lights Bluegrass Festival. PHOTO BY CHASE SUGRIS

## Northern Lights Bluegrass and Old Tyme Music Festival

### FRIDAY

3:45 p.m. — River Sisters  
4 p.m. — The Grid Pickers  
4:45 p.m. — Bob McKechnie  
7 p.m. — The Sloan Remblers  
7:45 p.m. — Ray Elliot  
8 p.m. — Old Time Dance with Calvin Vainish  
9 p.m. — Raven She Hobbs  
9:15 p.m. — Jeff Scroggins and Colorado  
10 p.m. — The Sloan Remblers  
10:30 p.m. — Los Tejanos

### SATURDAY

10:30 a.m. — Freddie and Sheila Pickers  
11:15 a.m. — Layton Fender  
11:30 a.m. — The Grid Pickers  
12:15 p.m. — William McConnell  
12:30 p.m. — The Cumberland Brothers

1:15 p.m. — Scrapie From The West  
3:45 p.m. — Le Vent du Nord  
3:15 p.m. — Raven She Hobbs  
2:30 p.m. — Jeff Scroggins and Colorado  
3:30 p.m. — Dick Brubaker  
2:30 p.m. — Youth Showcase  
4:15 p.m. — Barrie Logan  
4:30 p.m. — The Grid Pickers  
5:15 p.m. — The Buckets  
5:40 p.m. — Ryan Solist  
4:15 p.m. — Bob McKechnie  
6:30 p.m. — The Cumberland Brothers  
7:15 p.m. — KES Trio  
7:30 p.m. — The Sloan Remblers  
8:15 p.m. — The River Sisters  
8:40 p.m. — Le Vent du Nord  
9:15 p.m. — In With The Old  
9:30 p.m. — Jeff Scroggins and Colorado

10:15 p.m. — Midnight Roost  
10:30 p.m. — Los Tejanos

### SUNDAY

10 a.m. — Sunday Morning Gospel with Irm Ambrosen and Friends  
11:15 a.m. — The Budd Family  
11:30 a.m. — Freddie and Sheila Pickers  
1:45 p.m. — Dick Brubaker  
12:30 p.m. — Ryan Solist  
1:15 p.m. — The Buckets  
1:30 p.m. — Los Tejanos  
2:15 p.m. — KES Trio  
2:30 p.m. — The Cumberland Brothers  
3:30 p.m. — Le Vent du Nord  
4:15 p.m. — Ray Elliot  
4:30 p.m. — The Sloan Remblers  
5:15 p.m. — Finale

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# IN THE CITY

# AUGUST 10, 2014 — 1:49 P.M.

## Feel the beat



Chad Seewald and daughter Evelyn get into the music during the Regina Fall Festival held in Victoria Park on Sunday. *gc photo: rtr secrets inc.*

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## EVENTS

What you need to know to plan your week.  
Send events to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## # MUSIC

Wednesday, Aug. 13

**Wednesday Night Folk:**  
Headband  
Bushwick, 2256 Denison

**Worship Wednesday with  
Lutheran Chorus**  
McNally's, 2226 Denison Ave

**Coner Bains Band**  
Central City Centre, 1843  
Hamilton St.

Thursday, Aug. 14

**Waka Barglund**  
Regina Downtown Concert  
Series  
Nexus, City Square Plaza

**Us Among Us, Commencing  
Human Desperation, Putrify,  
Colour in the Glands, Process  
alone**  
The Club at the Exchange  
2631 Eighth Ave

**Fast Forward**  
The Exchange, 2631 Eighth  
Ave

**Hallo, Lady**  
McNally's, 2226 Denison Ave

**Alan Bunton**  
The Pump, 641 Victoria Ave E

Friday, Aug. 15

**444 Phobias**  
JQR, 1475 Toronto St

**John McCusick Band**  
McNally's, 2226 Denison Ave

**Alan Bunton**  
The Pump, 641 Victoria Ave E

Saturday, Aug. 16

**The Robert Gray Band**  
Central Regina Show Lounge  
1640 Saskatchewan Dr

**John McCusick Band**  
McNally's, 2226 Denison Ave



The Fast Forwardists will be at the Exchange on Monday

**Alan Bunton**  
The Pump, 641 Victoria Ave E

Sunday, Aug. 17

**Ash & Shawn**  
Creative City Centre  
1843 Hamilton St.

**Symphony Under the Sky**  
2 p.m. — Mile 0 Blues Brass  
Band  
3 p.m. — Jack Temple  
3 p.m. — Regina Symphony  
Orchestra  
Western Centre

Monday, Aug. 18

**Monkey Night Jazz & Blues**  
Regina Jazz Quartet  
Bushwick, 2256 Denison

**Weekly Drum Circle**  
Instruments provided  
7:30-9 p.m., The Living Spirit  
Centre, 3078 Dufferin St  
Mike 305-550-3691

Tuesday, Aug. 19

**The Skocan Remembers**  
The Club at the Exchange  
2631 Eighth Ave

**The Door Creakers, Spencer  
Lefferts**  
O'Hanlon's, 1847 Scotch St

## # VISUAL ART

**Joan E. Semmon: All Earth Is  
Rural Ground**  
Mardi is-like paintings of  
rural landscapes speak to

our physical and emotional  
linkages with a nature.  
Until Aug. 31 Art Gallery of  
Regina, 3078 Dufferin Circle  
Art Centre, 2626 Bligh-  
stone St.

## Art in Bloom

Works offer a variety of tex-  
tures, colours, patterns, and  
materials.  
Until Aug. 24, Mackenzie Art  
Gallery, 3470 Albert St.

## Mary Pratt

A five-decade retrospec-  
tive which celebrates the  
renowned Newfoundland and  
Labrador artist.  
Until Aug. 24, Mackenzie Art  
Gallery, 3470 Albert St.

**Emily Vay Duka and Cooper  
Bettandini Have It Every-  
thing**  
Inspired by an animated  
cat and rabbit who claim to  
be speaking to us from the  
future, this is a lighthearted  
reflection on the inevitability  
of death, the existence of  
God, and the possibility of  
redemption. Part of Tragedy  
Fits Time.

Until Aug. 27, Dunlop Art  
Gallery Central Saskatchewan,  
2311 12th Ave.

Comedy is Tragedy Plus  
Time

Canadian and international  
artists explore the relation-  
ship between the tragic and  
the comic.

Until Aug. 27, Dunlop Gallery,  
RPL Central branch, 2311 12th  
Ave. AND Dunlop Gallery, RPL  
Sherwood Village Branch,  
9321 Redside Blvd.

## Kick Over You

Mark Climbings work uses  
beat-based forms of public  
address. The phrase "kick  
over you" booms over the  
building and over the indi-  
viduals that pass through  
its doors, a clever game on  
the dissonance between the  
physical and emotional  
spaces we simultaneously  
occupy.

Until Aug. 27, Central Library,  
2311 12th Ave.

## Scott Mellers Art, Hip Hop

and Aboriginal Culture  
Western artists juxtapose  
urban youth culture with  
Aboriginal identity to create  
innovative and unexpected  
new works — in painting,  
sculpture, installation, per-  
formance and video — that  
reflect the current realities of  
Aboriginal peoples today.  
Until Sept. 7, Mackenzie Art  
Gallery, 3470 Albert St.

## Contemporary Canadians

The Artists of Scott Nelson  
Fine Arts. Features the  
works of Canadian fine art-  
ists who have created works  
of art in three distinct styles  
encompassing the evolution of  
contemporary Canadians.  
Until Oct. 31, Regina Centre  
Coaching, 1621 Albert St.

## Asinibolok Gallery

2266 19th Ave.  
Open Tuesday to Friday, 10  
a.m.-5:30 p.m., Saturday 10  
a.m.-5 p.m.

## Mysteria Gallery

2196 19th Ave.  
Open Tuesday to Saturday, 10  
a.m.-5:30 p.m.

## Nadine Groulx

#203-856 Scotch St.  
Open Tuesday to Saturday, 10  
a.m.-5 p.m.

# EVENTS

**Coloured Grit and Fine Arts**  
Oil and ink paintings by Chinese artists Linpiao Jiang and Hanli Tian  
3333 Smith St. Open Monday  
to Saturday, 10 a.m.-5 p.m.

**T&E Contemporary Gallery**  
1621 11th Ave.  
Open daily 11 a.m.-6 p.m.

## # COMEDY

**Peas the Hat**  
Aug. 13, 9 p.m.  
The Club on the Exchange  
3431 Eighth Ave.

**The Leash Show**  
Live standup every Saturday  
night, 9-10 p.m.  
Banquet Hall, 1700 Victoria Ave.

## # PERFORMANCE

**How to Give Feedback**  
Workshop for poets and performers  
Every Thursday, 7-9 p.m.  
Creative City Centre, 1843  
Harrison St.

**This Building Has A Soul**  
A poetic walking tour of  
downtown Regina. Meet with  
your tour, part spoken word  
performance, part conversation.  
Shayna Stock will share  
poetry she's collected from  
spots in downtown Regina.  
Aug. 15, 7-9:30 p.m.  
Meet at the Creative City  
Centre, 1843 Harrison St. at  
7 p.m. Tour involves 2.5 km of  
walking, and will end at Yogi  
Mall, 2620 18th Ave.

## # DANCING

**Salsa on the Plaza with Reg-  
gie's Salsa**  
Aug. 14, 7-10 p.m.  
City Square Plaza

**Retro Dance Party**  
Every Sunday  
McKelvey's, 2226 Dewdney Ave.

## # FOR FAMILIES

**Stans and Striders**  
Wednesdays, 1 p.m.



Real Networks at the MacKenzie with Sept. 7. © GLE PHOTO BY TONY FULTON

**Chapman Odium Southland**  
Mall, 3025 Gordon Rd.

**Pasta & Difference**  
Combat bullying through  
baking, spread kindness with  
a cookie.  
Wednesday, 3-7 p.m.  
Sweet Antler's Bakeshoppe,  
330 Winnipeg St. N.

**Clothes Under the Stars**  
Bring your own blankets,  
chairs, etc., for a family-  
friendly film screening. Chil-  
dren's music and activities  
before the film, which screens  
at dusk.  
Wednesday, 6 p.m.  
Victoria Park, downtown

**Drop In Indoor Playground**  
Friday, 9-11 a.m.  
South Leisure Centre, 170  
Sunset St.

**Mom and Tot Bonded Meet-  
ings**  
Hosted by Katie Moring, 309-  
216-2311  
Friday, 10-11:30 a.m. Early  
Leaving Family Centre, Scott  
College, 3300 7th Ave.

**Build and draw clinic**  
Build a special future proj-

**act. For children ages 3 and up**  
Saturday, 10 a.m.  
Lower, 4555 Gordon Rd.

**Midweek Kids Club**  
Saturday, 10 a.m.-noon  
3088 Prince of Wales Dr.

**Family Favourites films**  
Enjoy a favourite film for just  
\$2.50  
Saturday, 11 a.m. Galaxy Cin-  
emas, 430 McCarthy Blvd. N.

**Family activities**  
Saturday and Sunday, 2 p.m.  
Saskatchewan Science Cen-  
tre, 2903 Powerhouse Dr.

**Family Studio Sundae**  
Sunday, 2-4 p.m.  
Machinists Art Bakery, 2475  
Albert St.

**Parent and Pre-schooler**  
**Angie Gym**  
Monday, 9:30-10 a.m.  
At Ritchie Family Wellness  
Centre, 443 14th Ave.

**Exploration Days in the Park**  
For kids ages 3 to 12. Call 306-  
359-7547 to register.  
Aug. 15 — Sports in the Park  
with Saskatchewan Sports

**Hall of Fame**  
9:30-10:30 a.m., Victoria Park.  
—  
**Maur's Morning Out**  
3200 Avenhurst Dr., walking  
basketball.

**Mothers of Pre-Schoolers**  
(MOPS)  
Rosewood Park Alliance  
Church, maplewood-  
park rd.

**Regina Newcomers Club**  
reginaneewcomersclub@  
gmail.com

**Tues. Day For Parents**  
All trouble family wellness  
Centre, 2250 Umbury St.,  
306-525-4589. arhp@  
sasktel.net

**Y's Moms Group**  
YMCA, 2400 13th Ave., 306-  
757-5822

**Y's Moms Group for Multi-  
cultural**  
YMCA, 2400 13th Ave. meets  
the third Thursday of the  
month at 1:30 p.m.

**YRGA Regina**  
1600 McIntyre St.,  
306-525-2151

## # MUSEUMS

**Alis York School Museum**  
1600 Fourth Ave.  
Tours by appointment only  
(306-323-3000)

**Chic Museum of Regina**  
1215 Broad St.  
Tuesday-Friday 10 a.m.-4 p.m.  
Saturday noon-4 p.m. Closed  
Sunday and Monday

**Government House Museum**  
and Heritage Property  
4607 Dewdney Ave.  
9 a.m. to 5 p.m. daily

**RCMP Heritage Centre**  
5507 Dewdney Ave.  
Open 10 a.m.-6 p.m. daily

**Regina Firefighters Museum**  
1201 Ross Ave.  
Tours by appointment  
(306-777-7764)

**Regal Saskatchewan Museum**  
3443 Albert St.  
Open 9:30 a.m.-5 p.m. daily

**Saskatchewan Military**  
**Museum**  
1600 Elphinstone St.  
Open Monday and Thursday,  
7-9 p.m., or by appointment

(306-347-9340)

**Saskatchewan Science**  
**Centre**  
2903 Powerhouse Dr.  
Tuesday-Friday 9 a.m.-5 p.m.  
Saturday-Sunday and hol-  
idays noon-5 p.m.  
Closed Mondays.

**Saskatchewan Sports Hall**  
**of Fame**  
2205 Victoria Ave.  
Monday-Friday 10 a.m.-4:30  
p.m. Saturday noon-5 p.m.  
Closed Sunday.

## # OTHER HAPPENINGS

**Regina Farmers' Market**  
Wednesday and Saturday, 9  
a.m.-1 p.m.  
City Square Plaza, downtown

**RCMP Sergeant Major's**  
**Parade**  
Wednesdays, 12:45 p.m.  
RCMP Depot Division, 5500  
13th Ave.

**Words in the Park**  
Hosted by Saskatchewan  
Writers' Guild  
Aug. 13, noon-1 p.m.  
Victoria Park, downtown

# EVENTS

**Sansha and Seductions**  
Yoga in the Park with Yoga Mala  
Aug. 13, noon-1 p.m.  
Victoria Park, downtown

**Market Under the Stars**  
Regina Farmers' Market  
evening event featuring food trucks, liquor tastings, celebrity mixology contests and more  
Aug. 13, 4-9 p.m.  
City Square Plaza

**Yoga Party**  
Hicordy Yoga with Tina Yoga  
Aug. 13, 8-9 p.m.  
Victoria Park, downtown

**Sapak Takow in the Park**  
Hicordy Sapak Takow Association of Sakakishewani  
Aug. 13, 6:30-8:30 p.m.  
Victoria Park, downtown

**Art in the Park with the Dangle Art Gallery**  
Join Dangle Art Gallery for a different art activity each week  
Aug. 15, noon-1:30 p.m. (Victoria Park)

**High Impact Wrestling**  
Saturday, Aug. 15, 7:30 p.m. The Exchange, 2438 Eighth Ave.

**Annual Antiques and Collectibles Auction**  
Hicordy Government House Historical Society  
Aug. 16, 10 a.m.  
Previewing Aug. 15, noon-4 p.m. Government House, 49-57 Dewdney Ave.

**Saturday Morning Yoga**  
Hicordy Yoga Mala  
Aug. 16, 11 a.m.-noon  
Victoria Park

**Culture on the Plaza**  
Regina Multicultural Council presents dance and performance  
Aug. 16, noon-1 p.m. City Square Plaza

**Indis in the Park**  
Aug. 16, 1 p.m. — Free events



Experience the sights and sounds of India during India in the Park at the Congress Arts Centre on Saturday. [vicnews.com/india](http://vicnews.com/india).

**Indians, 6 p.m.** Ticketed event begins (\$25)  
Congress Arts Centre  
203 Lakeshore Dr.

**Saskatchewan Treasures in Montclair Alcotts**  
Aug. 16, 6 p.m.  
Montclair Stadium

**Tai Chi in the Park**  
Hosted by Regina Tai Chi Ch' Society  
Aug. 12, 10-11 a.m. Victoria Park

**Regina Theater vs. Saskatoon Hillbills**  
Aug. 17, 10 a.m. Montclair Stadium

**Park & Plaza Yoga**  
Sunday, 8:30 p.m.  
O'Leary's, 1047 South St.

**Shis Guit in the Park**  
Aug. 18, noon-1 p.m. Victoria Park

**Chick in the Park**  
Chess games and lessons  
Aug. 15, 11 a.m.-2 p.m. Victoria Park

**Ultimate Pinball Drop-In**  
Aug. 15, noon-3 p.m. Victoria Park

**Chives Day Challenge**  
Drop-in gathering of local pine enthusiasts  
Every Tuesday, 6 p.m.-midnight  
Boston Plaza, 540 Albert St. N.

## # FILM

**Head In the Clouds**  
Comedy/Drama  
Set in a charmingly surreal Paris, wealthy inventor Colin Leavis that his best friend

Chick has a new American girlfriend and hopes to fall in love himself. His soon must

Chloe (Julie Tawney), and they soon wed. Their whirlwind courtship is tested when an unusual illness plagues Chloe, a flower begins to grow in her lungs. To save her, Colin discovers the only cure is to surround Chloe with a never-ending supply of fresh flowers. In touch and breath.

**Words and Pictures**  
Comedy/Drama  
Self-destructive poet and peep-show teacher Jack (Clive Owen) is an inveterate lover of language who despairs of his student's social-media addiction. One Delirious (Laurie Rinkoff) is a once-obsessed painter facing the ravages of arthritis and struggles to create her art. An icy rivalry between the two turns into a competition in which students decide

whether words or pictures are more important.

**Regina Public Library** Monday  
201 (201 Ave.) 206-777-6000

**Flight of the Butterflies**  
Documentary  
Join hundreds of millions of butterflies on an amazing journey to a remote holloway in the mountains of Mexico.

**Island of Luzzara: Maelgogor**  
Documentary  
Join scientist Patricia Wright on her lifelong mission to help endangered lemurs survive in the modern world. Narrated by Morgan Freeman.

**Kenya: Animal Kingdom**  
Documentary  
Discover Kenya's famous fauna in their natural habitat, including the Big Five — lions,

rhino elephants, Cape buffalo, leopards and black rhinos — and giraffes, hippos and cheetahs. Meet two fearless young Maasai and follow them on their ritual safari.

**Kramer Inn**  
2503 Powerhouse Dr.  
250-542-4620

## # NEW MOVIE

**The Expendables 3**  
Action  
Sney (Sylvester Stallone) comes face-to-face with Conrad Stonebanks (Mel Gibson), with whom he co-founded The Expendables years earlier. Stonebanks subsequently became a ruthless arms trader and is now making it his mission to put an end to The Expendables. Sney brings in a new set of Expendables team members, recruiting individuals who are younger, faster and more tech-savvy.

**The Giver**  
Drama

Every person in the world is given a specific role. Tommaso (Benjamin Franklin) is assigned the role of receiver of memories and he goes into training with a man called The Giver (Jeff Bridges). Through him, Tommaso discovers the truth of the "real" world, that years earlier people gave up happiness in order to maintain a stable society. Based on the book by Lois Lowry.

**Galaxy Cinema**  
420 McCarly Blvd. N.  
250-522-9096

**Cruiser/Ocean**  
Saskatoon/Mat Cinema  
3025 Glenview Rd., 250-545-3343

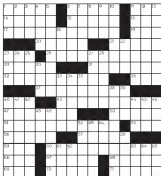
**Indoor Cinema**  
Gladwin Mfr. Shopping Centre  
3606 Albert St., 250-359-5299

Don't forget to check community services on [vicnews.com](http://vicnews.com). Listings will be printed 2-3 days prior.



## NEW YORK TIMES Edited by Will Shortz

- 1 without flowers are  
potted
- 2 without buffalo roam
- 3 \_\_\_\_\_ Hurricane Fls.
- 4 big Indian
- 5 \_\_\_\_\_ case of  
"sore eyes"
- 6 where work occurs
- 7 words on a book  
announced at
- 8 Aurora's Great  
countryside
- 9 Ending with Rams
- 10 Has coming
- 11 negative with a  
brown cover fold in
- 12 guitar for a night  
without
- 13 2009 Puerto  
Machete
- 14 Island setting for  
"Pirates of the  
Caribbean"
- 15 Title named of a  
2005 Oscar-nominated  
animated film
- 16 Only one U.S. M.L.B.  
team announced
- 17 Oldest continuously  
existing in Carls  
America
- 18 See buffer
- 19 words from class  
reads



- 1 N.B.A. is going to fire
- 2 Aqua, joins the
- 3 Pyramids
- 4 Stumble party after
- 5 early
- 6 team truth-tapping
- 7 "Let's roll!"
- 8 Like most of Wyoming
- 9 Out of the way
- 10 Every state
- 11 Alaska
- 12 window on to them
- 13 Wyoming
- 14 Opposite of sex pack
- 15 also
- 16 actually
- 17 in a right try
- 18 Capitalist ad store
- 19 Stephen of 'The
- 20 Civil Guard'



460 Belts, seat  
461 Bird holder of verbs  
462 \_\_\_\_ mo  
463 Some Soundswearer  
solves  
464 Sales supplies  
465 Use a land  
(base)  
466 Derby bouquet  
467 El Rigor  
468 Original sin locale  
469 "Coral" inspires in  
monogram  
470 Scuffed down  
471 Ho-ho-ho \_\_\_\_ Roast  
472 Out full-on an  
clump  
473 Mixed factory sust



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Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.



The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

Solution to the crossword puzzle and the Sudoku can be found on Page 48.

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# OUTSIDE THE LINES

## # Colouring contest

Each week, artist Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and e-mail it to [gc@leaderpost.com](mailto:gc@leaderpost.com). One winner will be chosen each week.

Please send **high-resolution pictures** and include the child's name and contact information.



Last week's GC colouring contest winner was **Madison Dudge**. Congratulations! Thanks to all for your colourful submissions. Try again this week!

# WINE WORLD

## # SASKATCHEWAN WINE SCENE

### Italian red goes from cocktail hour to after dinner cheese

By James Romanow

There are about a dozen wines on the world that are most likely for any separating wine.

Most folks get around quite quickly to the great French wines — Bordeaux (left) and right hand, Burgundy, Chablis and Châteaufort. But Italy makes some absolutely must-travel, and for some reason it takes people longer to discover these.

I've been a fan of Italy's Piemonte since my first trip (Bordeaux is close to a cult wine for people like me — a good one starts around \$80). Dado sets is a fairly inexpensive table wine from the area. But the wine that seems to have the broadest appeal is Barbera.

Wine snobs once scoffed at it as wine levels, but in the last three decades some extremely early Barbera has been made. A crisp acidity and decent fruitiness make for a medium-bodied and extremely likable wine.

Lately, some makers have been letting the grapes ripen longer, allowing for more powerful examples. I tend to buy the more concrete and less expensive wines because they are so drinkable. (Although I admit to choosing Barbera d'Asti, a sub-demonstration that has some lovely examples and can give the best wines in the world a run.)

SLGA, recently listed a Barbera from Pinot-Tardif. If you're seeking a really easy and wine that goes with anything from your cook-



tail hour through to your after dinner cheese, this should be on your short list. The palate is mostly dark fruit like plums and blackberries, although there is some spice — pepper, cinnamon and cloves — in the bouquet. If you turn into a Barbera fan, you'll also want to look down the barrel. Barbera from B.C. Skokholm Corp comes it, but there aren't many bottles in the province.

Baronessa Barbera, Italy \$65 \$65-65\*\*

More wines, cocktails and beers at Twitter @johndee

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## Crossword/Sudoku answers

DEPOT	RANGE	BAL
RAJAN	USCIN	ETE
JUST	ARRIVED	EOS
STEAD	CARNS	
MAD	SALESTARGET	
ORAMA	TORTUGA	
MADAGASCAR	TOR	
COSTARICA		
ADD	WISDOM	CRACKS
SDORAL	FASEL	
TOURIST	FAEL	AGO
ADMIN	COMTE	
RLS	START	STUDD
TEET	ESTER	READY
EST	SEEDS	ENSUE

3	1	7	6	4	9	8	2	5
9	2	4	5	1	8	3	6	7
6	8	5	7	2	3	1	4	9
8	6	1	4	5	7	9	3	2
5	4	9	2	3	1	7	8	6
7	3	2	9	8	6	5	1	4
1	5	6	3	9	4	2	7	8
2	7	3	8	6	5	4	9	1
4	9	8	1	7	2	6	5	3



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